

# ScIhealth.org

i also drank half a cup of salt water every morning to give me an early morning blood pressure boost

[sclhealth.org/careers](https://www.sclhealth.org/careers)

[jobs.sclhealth.org](https://jobs.sclhealth.org)

[mychart.sclhealth.org](https://mychart.sclhealth.org)

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