

[Fitnesshealth.co.uk/resistance-band-training](https://fitnesshealth.co.uk/resistance-band-training)

fitnesshealth.co.uk/leg-band-training

fitnesshealth.co.uk/resistance-band-training

by 1.5 in the month, while higher incidence of flu led to an increase of 0.9 in comparable store pharmacy sales.

fitnesshealth.co.uk